

Times

All Day

Monday – Thursday 9.30am – 3.30pm

Friday 10.00am – 3.30pm

Mornings Only

Monday – Thursday 9.30am – 12.30pm

Friday 10.00am – 12.30pm

Afternoons Only

Monday – Friday 2.00pm – 3.30pm

Closed on Bank Holidays and for one week at Christmas.

Please contact the centre on
01206 561877 for current fees.

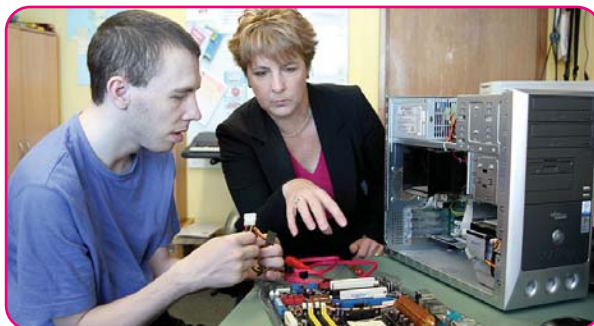
**To qualify, a person must
be aged 18 years or older
and diagnosed (or in
the process of being
diagnosed) as having an
Autism Spectrum Condition.**



Jigsaw Study Centre

227 Gosbecks Road
Colchester
Essex
CO2 9JT

Tel: 01206 561877 Fax: 01206 762935
Email: jigsaw@autism-anglia.org.uk



Autism Anglia

Head Office (Registered Office)
Century House, Riverside Office Centre,
North Station Road, Colchester, Essex CO1 1RE

Tel: 01206 577678 Fax: 01206 578581
Email: info@autism-anglia.org.uk

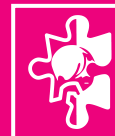
Norfolk Office
Old Pharmacy Yard, Church Street, Dereham NR19 1DJ
Tel: 01362 853753

www.autism-anglia.org.uk

Registered Charity No. 1063717
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Autism Anglia

Registered Charity No. 1063717



Jigsaw Study Centre

Specialist Adult Day Services for people
with Autism Spectrum Conditions



www.autism-anglia.org.uk

What is autism?

Autism is a lifelong condition which affects the way a person communicates and relates to other people.

People with an Autism Spectrum Condition (ASC) have difficulty with everyday social interaction and can find it hard to make sense of the world around them.

Autism affects people in many different ways and the autistic spectrum ranges from low to high functioning autism and Asperger Syndrome. In diagnosis it is recognised that there are three areas where all people with autism have difficulties, irrespective of the degree of its effects, namely difficulties with **Social Interaction, Communication** (verbal and non-verbal) and **Imagination**. There are also issues around sensory differences and obsessional and ritualistic behaviours.

It is estimated that in the UK autism, in all its forms, affects nearly one in 100 people.

This means about 600,000 in the whole of the country and almost 28,000 in Essex, Suffolk and Norfolk.

About Autism Anglia

Autism Anglia was formed following the merger of The Essex Autistic Society, Norfolk Autistic Society and the Norfolk Autistic Community Housing Association (NACHA) in 2008.

The charity is dedicated to promoting the welfare, education and care of children and adults with autism, whilst also supporting the many families affected by autism.

We have over 40 years' experience in providing a range of services aimed at enabling people with autism to live as independently as possible and to experience choice and inclusion in society.

We are an independent charity and therefore rely on fundraising to help us establish, maintain and expand our services.



Our facilities

Jigsaw Study Centre is situated in Colchester and is owned and run by Autism Anglia. All of our instructors are fully qualified in both their teaching subjects and in the delivery of day care provision to people affected by an ASC.

We offer:

- A fully equipped woodcraft workshop.
- An arts and crafts studio with multimedia and textiles facilities.
- A PE department with large, modern gymnasium, outdoor area and access to many off-site facilities.
- An up-to-date and dynamic IT suite featuring business speed broadband.
- A life skills department with in-house provision for domestic skills aimed at promoting independent living.



Other facilities on site include a sensory room and garden plus two large rooms for break, lunch and recreation.

All Jigsaw activities are tailored to the individual student and structured on a one instructor to two students (maximum) ratio, ensuring best possible quality of service.

