

About Autism Anglia

Autism Anglia was formed following the merger of the Essex Autistic Society, Norfolk Autistic Society and the Norfolk Autistic Community Housing Association (NACHA) in 2008.

The charity is dedicated to promoting the welfare, education and care of children and adults with autism, whilst also supporting the many families affected by autism.

We have over 40 years' experience in providing a range of services aimed at enabling people with autism to live as independently as possible and to experience choice and inclusion in society.

We are an independent charity and therefore rely on fundraising to help us establish, maintain and expand our services.

If you would like to become a member of Autism Anglia, please call **01206 577678** or email **info@autism-anglia.org.uk**

We have also produced a number of other leaflets which you may find of interest. Please contact us for free copies.

About us

What is Autism?

What is Asperger Syndrome?

Information for Teachers & School Workers

Guidelines for the Police

Guidelines for Health Professionals

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The
BOSHIER-HINTON
Foundation

A GRANT MAKING TRUST
CHARITY NUMBER 1108886



Our Family Support service is provided free of charge to anyone who requires our help within the East Anglian region. However it relies entirely on voluntary income, from grant making organisations and community fundraising. If you would like to raise money to help keep our service going, please contact our Fundraising team on **01206 577678** or email **fundraising@autism-anglia.org.uk**.

Thank you for your support!

Autism Anglia

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Autism Anglia

Registered Charity No. 1063717



Family Support

Providing information, advice and guidance to people with autism and their families



www.autism-anglia.org.uk

What we do

Our Family Support team provides confidential support, a listening ear and information to individuals and families of children with an Autism Spectrum Condition.

We can provide telephone, email and written information, advice and guidance on:

- Getting a diagnosis.
- Applying for benefits and filling in forms, e.g. Disability Living Allowance (DLA).
- How your child's special educational needs should be met.
- Requesting an assessment of your child's educational needs.
- Going through a proposed statement of special educational needs.
- Annual statement reviews.
- Social stories and visual aids, which may help to manage routines and increase independence.
- Preparing for meetings with professionals - for example schools, local authority.
- Putting forward your views both verbally and in writing.
- What to include when writing letters and reports or filling in forms.
- Obtaining a FREE Autism Alert Card.



Signposting

In some cases it will be more appropriate for another organisation (voluntary or statutory) to provide you with all or part of the support you require to access appropriate services.

This includes:

- Lodging appeals.
- Housing.
- Employment.
- Representation at tribunal hearings.
- Issues which require the expertise and support of health professionals - for example:
 - Dietary problems.
 - Minor behaviours.
 - Incontinence and toilet training.
 - Sleep problems.

We will give you information and guidance on where and how to obtain the appropriate service, support or information on issues that are not within our scope, or contact details of groups and organisations which may be able to help you more directly.

Liaison with professionals

The Family Support team also liaises with professionals (e.g. emergency services, schools) to increase awareness and understanding of autism, and improve statutory services locally, regionally and nationally.

The Family Support team is not able to:

- Act as your representative or advocate.
- Give a personal opinion.
- Drive you to and from meetings.

ASK

We aim to empower individuals and parents / carers of children with an ASC to:

Access appropriate statutory and other support, services and provision.

Support each other.

Know and understand procedures and choices.

"I cannot thank Autism Anglia enough for their dedication, devotedness, time, patience and support in the work they have done and continue to do for my family and I."

Parent

